

# Do your FEET hurt?

 732 • 870 • 9700

Dr Steven Marder is a Consumer Research Council “Top Podiatrist”  
with 30 + years of experience.



**DR STEVEN MARDER FOOT CARE CENTER** | 1049 Broadway | W. Long Branch, NJ

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***HEEL Pain!***  
***What CAN I do?***



**The Classic Story**

“My heel hurts when I get out of bed & after I’ve been sitting awhile. Some days are worse than others.”

Usually conservative care resolves the heel pain. Untreated, a bone spur may form. Some people need ESWT, an innovative treatment that has been successful for relieving heel pain.

*Dr. Steven Marder Foot Care is designated a Center of Excellence for ESWT.*